

Tools For Action

A sample of physical education initiatives in Wisconsin

Intramural Table Tennis, Intramural Badminton

Contact Information

Contact Information
Main Contact Person
Cathryn M. Palesse
Title of Main Contact
Educator
School Name
Appleton HS-West
School District Name
Appleton Area School District
Contact Phone Number
920-832-6219
Contact Email Address
[No Answer Entered]

Program Information

Program Name

Intramural Table Tennis, Intramural

Badminton

Program Category

All school PE events or activities

Grade Level

High School (9-12)

Assessment Method

Student enthusiasm, parent feedback.; Impact on knowledge and or attitudes (test scores)

Program Information

Products Developed or Materials Used:

"Table tennis the Sport" video as well as various written materials.

Program Description:

Every year students look forward to our all-school tournaments in both table tennis and badminton. Often, these events draw students who don't participate in other school activities. Sometimes whole families come to watch their students play as well.

We run a table tennis unit that is 3 1/2 weeks long and very popular. We have twelve or more tables and progress through a sequential curriculum teaching topspin, backspin, rules, chop, block, loop, serves, push, etc.

For information on other **Physical Education Best Practices**, visit the website at:

http://dev.dhfs.wisconsin.gov/health/physicalactivity/PEhome/ or contact Jon Hisgen at jon.hisgen@dpi.state.wi.us

For information on how your school could become a **Governor's Healthy School Awar**d winner, visit the website at: http://www.schoolhealthaward.wi.gov/ or contact Brian Weaver at brian.weaver@dpi.state.wi.us

For more information on nutrition and physical activity, visit the Wisconsin Nutrition & Physical Activity Program's website at:

http://dhfs.wisconsin.gov/health/physicalactivity/

or contact staff at: Meineam@dhfs.state.wi.us (Amy Meinen, Nutrition Coordinator)

Morgajg@dhfs.state.wi.us (Jon Morgan, Physical Activity Coordinator)
Pesikme@dhfs.state.wi.us (Mary Pesik, Program and Grant Coordinator)